

Treatment Contract

Treatment Philosophy

Our treatment approach is firmly rooted in the belief that human experience and behavior emerges as a result of the dynamic interaction between the **body**, the **person**, the **social** environment, and the **spiritual** dimension. You can see the importance we place on these relationships reflected in the interconnectedness represented in our logo.

Likewise, the interrelatedness of biology, psychology, sociology, and spirituality dimensions forms the foundation of our understanding of addiction and our approach to its treatment.

We believe that addiction is a chronic medical disorder that responds best when treated with medications combined with non-pharmacological treatments such as education, self help, and, if indicated, individual, group, and/or family counseling.

As we work together toward the shared goal of your abstinence, it is paramount to us that you always feel treated with the dignity and respect you deserve.

Buprenorphine Program

Shared Expectations

In order to achieve success, it is important that we all share certain fundamental expectations as to how basic treatment processes will take place.

Medications/Substances

- You should not adjust medication unilaterally. Alterations in dose should only be made after consulting with the physician.
- If you receive a prescription from another physician (e.g., an emergency department), you must let the physician know promptly via secure email or voice mail.
- Your immediate and full disclosure of any illicit drug use or problematic alcohol use is extremely important both for the safety and success of your treatment.. Use will not automatically result in discharge from treatment, but will require a change in the treatment plan (e.g., adjustment in buprenorphine dosing, referral to a more intensive level of ancillary services).

Buprenorphine Dispensing

- Your physician will either dispense or prescribe an adequate supply of medication to last three days beyond your next scheduled visit. Therefore there will be no need for telephoned prescriptions and, accordingly, buprenorphine prescriptions will never be telephoned. You are expected reschedule any missed or cancelled appointment within the three-day grace period. In the case of emergencies, your physician will honor faxed requests from pharmacies.

Appointment Policies

- At the end of each visit, your physician will determine the appropriate interval for your next appointment.
- The staff guarantees an appointment with your physician at least three days before the end of your medication supply.
- The staff must be notified of all cancellations at least 24 hours before your scheduled appointment. This ensures that the staff can reschedule your visit,

Buprenorphine Program

within three days. Otherwise, the staff cannot guarantee an opportunity to see the physician before you reach the end of your supply

- The staff guarantees you an opportunity to see your physician within three days of your missed appointment. If for some reason they cannot arrange a visit, your physician will fax a prescription to your pharmacy to last until such time as your physician can see you.

Clinic Expectations

- It is important to arrive on time for your appointment. Your physician will make every effort to remain on schedule so that you will be seen in a timely fashion.
- The staff will maintain your confidentiality at all times.
- The staff will at all times treat you with dignity and respect.
- It is expected that you will treat the staff with dignity and respect as well. Aggressive statements and acts will result in expulsion from the program.
- In the service of a therapeutic environment, anyone believed to be under the influence of drugs or alcohol will be asked to leave the clinic.

Patient Signature _____ Date _____

Patient Name _____